Health District of Northern Larimer County - Connections

The Connections Team is available to help with emotional health or substance use concerns. Once needs are identified, Connections helps connect you to local counselors, medication services, classes, support groups, substance use treatment, and other resources. Staff are available for the same or next day, in person appointments. This program provides short term services until ongoing care is established.

<u>Services offered to</u>: Adults, teens & children <u>Payment & Insurance</u>: Sliding scale basis, pro bono, & Medicaid accepted

https://www.healthdistrict.org/services/connections-adult-services

425 W. Mulberry St., Suite 101 Fort Collins, CO 80521 970-221-5551

Summit Stone Health Partners

SummitStone is the largest provider of behavioral health services in Larimer County. More than 50 services dedicated to treating mental health and addiction disorders for people of all ages are provided. Some services offered include addiction support, substance monitoring, vocational support, medication management & access, individual & group therapy, case management, and more. Same day access is available and bilingual services are offered.

<u>Services offered to</u>: Adults, teens & children

<u>Payment & Insurance</u>: Sliding scale basis, accepts Medicaid & more providers

https://www.summitstonehealth.org/our-services/

1217 Riverside Ave Fort Collins, CO 80524 970-494-4200

Colorado State University

The CFCT is a therapy center located on the campus of Colorado State University. Therapy services are provided by graduate students in the Marriage and Family Therapy Program and use evidence-based therapies to treat a wide range of issues. The team is trained and experienced in providing trauma-informed care. Services offered include individual, group, couples & group therapy.

<u>Services offered to</u>: Adults, couples, teens & children <u>Payment & Insurance</u>: Sliding scale basis, ranging from \$25-\$80. Medicaid accepted

https://www.chhs.colostate.edu/cfct/

Gifford Building, Room 119 502 W. Lake St. Fort Collins, CO 80523 970-491-5991

Child, Adolescent, and Young Adult Connections (CAYAC)

CAYAC is a program within the Health District of Larimer County, focusing on care for youth. CAYAC's team helps provide answers, options, and support to help families find care that meets their unique concerns. Services provided include assessments, referrals to community providers, education for clients and families, and other treatment options. This program provides short-term services until ongoing care is established.

<u>Services offered to</u>: Children, teens, & young adults through age 24

<u>Payment & Insurance</u>: Some free services, others on a sliding scale basis. Accepts Medicaid

https://www.healthdistrict.org/cayac

425 W. Mulberry St., Suite 112 Fort Collins, CO 80521 970-221-3308

North Range Behavioral Health

North Range is a behavioral health center providing counseling, child & youth services, crisis support, integrated care, neurofeedback, substance use & addiction treatment. If other Larimer locations are fully booked, this Greeley location can be utilized by Larimer residents.

<u>Services offered to</u>: Adults & youth Payment & Insurance: Medicaid, Medicare & other providers

https://northrange.org/

1300 N. 17th Avenue Greeley, CO 80631 970-347-2120

Open Path

Open Path is a nonprofit nationwide network of mental health professionals dedicated to providing in-office and online mental health care at a steeply reduced rate to clients in need. Open Path serves clients who lack health insurance or whose health insurance doesn't provide adequate mental health benefits. Therapists are searched and contacted by the client through an online search from the website.

<u>Services offered to</u>: Adults, couples, teens & children

<u>Payment & Insurance</u>: Requires a one time \$59 membership fee, then ranges from \$40 - \$70

per session

https://openpathcollective.org/city/fortcollins/

Better Help

BetterHelp is the largest therapy platform in the world that provides accessible and affordable care. Services offered using this site are generally not covered by health insurance, Medicare or Medicaid. Benefits include tapping into the largest network of licensed, professional and board certified providers through, chat, text phone, or video.

Services offered to: Adults only

Payment & Insurance: Ranges from \$60 to \$90 per week

https://www.betterhelp.com/

Other counseling clinics that accept Medicaid:

- ➤ Creative Counseling: https://www.creativecounselingservices.org/
- ➤ Lifestance Health:

 https://lifestance.com/location/fort-collins-co-215-w-oak-st/?utm_source=gmb&utm_medium=organic&utm_campaign=locations
- ➤ Integrated Counseling & Wellness: https://integratedwellnessfc.com/
- ➤ Northern Colorado Counseling: https://www.northerncoloradocounseling.com/
- ➤ Higher Sights Counseling: https://www.highersightscounseling.com/

If you are experiencing a mental health or substance use crisis:

- *Call the SummitStone Crisis Center*, 24/7/365 at 970-494-4200.
- Go to the Summitstone Crisis Center, <u>1217 Riverside Ave., Fort Collins</u> (8 a.m.-midnight)
- Call the Colorado Crisis Services line 24/7/365 at 1-844-493-8255 (or text "TALK" to 38255).